

a city with eleven doors. When one thinks of it, one ceases to grieve ; delivered from ignorance and worldly desires, one is delivered (from mundane existence). This is that.

"2. This Self is the sun in heaven, the air in the sky, the *fire* in the altar, and the *soma* juice in the jar. It is in man, in the gods, in the sacrifice and in the sky. It is born in water, in the earth, in sacrifices and on mountains. It is the true and the great.

*' 3. The Self sends up the uprising breath and brings down the *downfalling* breath. It is seated as the adorable in the middle, and all the senses worship it.

"4. When the Self ready to go out of the body is delivered from the body, what remains in it? This is that.

✓ "5. No creature *liveth* either by the uprising or the *d-ownf*ailing breath. All live by another, in whom both these rest.

"6. I shall now tell you, O Gautama, of Brahman the inscrutable and the eternal, and what the self becomes after death.

"7. Some enter into the womb for assuming a body; others enter into immovable things (as trees and stones) according to their respective knowledge and actions.

" 8. This Person who wakes while all

things sleep
making one desirable object after another,
that alone is
bright, that is Brahman, that verily is called
the immortal.
In it rest all the worlds and none go beyond
it. It is
that.

८ 9. As the one fire entering the world, takes
the form
of each object it burns, so the one Inner Self
of all creatures
takes the form of each object and is also
beyond all objects.

"10. As the one air entering the world, takes
the form
of each object, so the one Inner Self of all
creatures takes the
form. of each object and is also beyond all
objects.

"11. As the sun, the eye of the whole world, is
not
mixed up with the unholy external objects
visible to the